

## BASIC PC "TUNE UP" PROCEDURES

Here are some basic "tune up" procedures. If your computer continues to run slowly after performing the following actions, call IT Alley, your computer is in need of further technical support.

Below is a list of steps and software to use. These tasks should be performed at least once a month.

- Make sure the computer is up to date on Microsoft Windows updates
  - Make sure the computer is up to date on anti-virus software (IT Alley recommends TrendMicro anti-virus [www.trendmicro.com](http://www.trendmicro.com))
  - Install Malware and Spyware software, update then run the program
  - List of Malware/Spyware programs to use – all are free
    - Malwarebytes – [www.malwarebytes.com](http://www.malwarebytes.com)
    - Superantispyware – [www.superantispyware.com](http://www.superantispyware.com)
  - Clear Temporary Folder, Temporary Internet Folder, and Registry using CCleaner – CCleaner is free <http://www.piriform.com/ccleaner/download>
  - Defragger - Defrag the computer at least once a month <http://www.piriform.com/defragger>
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### ▶ Other Stuff to be aware of:

- If your system is running below 2 GB of free disk drive space Windows will not run properly. Remove old programs by going to the Programs and Features in the Control panel.
- Clean the inside of the computer with a can of forced air or vacuum (computer should be turned off and unplugged).
- If the date and time won't stay set on the computer it needs a new internal battery.

If you have any questions on these steps or need help please contact us.

**Note:** See article How to Perform Maintenance updates for steps on updating and running the listed software.

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4742 42<sup>nd</sup> Ave SW #272 • Seattle, WA 98116-4553  
[www.italleypllc.com](http://www.italleypllc.com) • [support@italleypllc.com](mailto:support@italleypllc.com)